



SOUTH COAST AIR QUALITY MANAGEMENT DISTRICT

AIR QUALITY FORECAST



Area #	Forecast Area	Forecast Valid Saturday, February 23, 2019			Forecast Valid Sunday, February 24, 2019		
		AQI	AQI Description	Pollutant	AQI	AQI Description	Pollutant
<i>Issue Date: Friday, February 22, 2019</i>							
<i>Forecast Not Yet Issued</i>							
1	Central Los Angeles County	42	GOOD	PM2.5			
2	Northwest Coastal Los Angeles Co.	33	GOOD	PM2.5			
3	Southwest Los Angeles County Co.	38	GOOD	PM2.5			
4	South Coastal Los Angeles Co.	42	GOOD	PM2.5			
5	Southeast Los Angeles Co.	38	GOOD	PM2.5			
6	West San Fernando Valley	46	GOOD	PM2.5			
7	East San Fernando Valley	50	GOOD	PM2.5			
8	West San Gabriel Valley	46	GOOD	PM2.5			
9	East San Gabriel Valley	42	GOOD	PM2.5			
10	Pomona/Walnut Valley	54	MODERATE	PM2.5			
11	South San Gabriel Valley	38	GOOD	PM2.5			
12	South Central Los Angeles Co.	38	GOOD	PM2.5			
13	Santa Clarita Valley	29	GOOD	Ozone			
14	Antelope Valley	29	GOOD	Ozone			
15	San Gabriel Mountains	36	GOOD	Ozone			
16	North Orange County	42	GOOD	PM2.5			
17	Central Orange County	46	GOOD	PM2.5			
18	North Coastal Orange County	46	GOOD	PM2.5			
19	Saddleback Valley	38	GOOD	Ozone			
20	Central Coastal Orange County	50	GOOD	PM2.5			
21	Capistrano Valley	46	GOOD	PM2.5			
22	Corona/Norco Area	52	MODERATE	PM2.5			
23	Metropolitan Riverside County	52	MODERATE	PM2.5			
24	Perris Valley	38	GOOD	PM2.5			
25	Lake Elsinore Area	40	GOOD	Ozone			
26	Temecula Valley	35	GOOD	Ozone			
27	Anza Area	42	GOOD	Ozone			
28	Hemet/San Jacinto Valley	46	GOOD	PM2.5			
29	Banning/San Geronio Pass	42	GOOD	PM2.5			
30	Coachella Valley	40	GOOD	Ozone			
31	East Riverside County	44	GOOD	Ozone			
32	Northwest San Bernardino Valley	39	GOOD	Ozone			
33	Southwest San Bernardino Valley	54	MODERATE	PM2.5			
34	Central San Bernardino Valley	38	GOOD	PM2.5			
35	East San Bernardino Valley	41	GOOD	Ozone			
36	West San Bernardino Mountains	33	GOOD	Ozone			
37	Central San Bernardino Mountains	40	GOOD	Ozone			
38	East San Bernardino Mountains	33	GOOD	Ozone			
39	Phelan	42	GOOD	Ozone			
40	Hesperia	37	GOOD	Ozone			
41	Trona	42	GOOD	Ozone			
42	Victorville	40	GOOD	Ozone			
43	Yucca Valley	40	GOOD	Ozone			
44	Barstow	42	GOOD	Ozone			
45	Twentynine Palms	39	GOOD	Ozone			

What To Do When Air Pollution Reaches Unhealthy Levels

In areas with **UNHEALTHY FOR SENSITIVE GROUPS** air quality (Air Quality Index of 101 to 150), sensitive or susceptible persons, including children, older adults and those with heart or lung disease, should minimize outdoor activity.

In areas with **UNHEALTHY** air quality (AQI of 151 to 200) or an **Ozone HEALTH ADVISORY Alert** (AQI of 132 to 200 for 1-hour ozone), everyone should discontinue prolonged, vigorous outdoor exercise lasting longer than one hour. Examples of the kinds of outdoor activities that should be avoided are calisthenics, basketball, running, soccer, football, tennis, swimming laps, and water polo. Susceptible persons, such as those with heart or lung disease, should avoid outdoor activity entirely.

In areas with **VERY UNHEALTHY** air quality (AQI of 201 or above) or an **Ozone STAGE-1 Alert** (AQI of 201 or above for 1-hour ozone), everyone should discontinue all vigorous outdoor activities regardless of duration.

Detailed Air Quality Forecasts Including Wildland & Agricultural Burn Forecasts:

<http://www.aqmd.gov/home/air-quality/air-quality-data-studies>

Daily Air Quality Forecasts and Advisories by Email -- Subscribe or Modify Settings at:

<http://www.airalerts.org>

AQMD Web Site for Current AQMD Air Quality Measurements, Forecasts and Advisories:

<http://www.aqmd.gov/>

or by Telephone with our Interactive Voice Response System: **1-800-CUT-SMOG** (1-800-288-7664)

Contact AQMD: **1-800-CUT-SMOG** or (909) 396-2000

Forecast Area Map:

<http://www.aqmd.gov/map/MapAQMD2.pdf>