Forecast Valid Monday, February 22, 2021

Issue Date: Sunday, February 21, 2021

**Forecast Area Map:**

**What To Do When Air Pollution Reaches Unhealthy Levels**

Examples of the kinds of outdoor activities that should be avoided are calisthenics, basketball, running, soccer, football, tennis, swimming laps, and water polo. Susceptible persons, such as those with heart or lung disease, should avoid outdoor activity entirely.

**Contact AQMD:**

- 1-800-288-7664
- http://www.aqmd.gov/ForecastAreas

**AQI Description**

- GOOD
- MODERATE
- UNHEALTHY
- UNHEALTHY FOR SENSITIVE GROUPS

**Cleanest Time of Day**

- Similar all day

**South Coast Air Quality Management District**