

July 1st – July 4th

VEGETARIAN
OPTION



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**South Coast
Avocado
Benedict**
w/ choice of
potatoes

**Open Face
Breakfast
Sandwich**
w/ choice of
potatoes

**Florentine
Omelet**
w/ choice of
potatoes

Holiday OFF

**BBQ
Tri-Tip**
w/ scalloped
potatoes &
baked beans

**Steak
Picado**
w/ rice &
beans

**Chicken
Florentine**
w/ rice pilaf &
vegetables



**Chef
Salad**

**Spinach
Chicken
Salad**

**BBQ
Chicken
Salad**

Holiday OFF

**Philly
Cheesesteak
Sandwich**
w/ fries or
onion rings

**Sweet & Sour
Chicken Bowl**
w/ steamed
rice &
vegetables

**Pastrami
Sandwich**
w/ fries or
onion rings

Holiday OFF

**Trio Meat
Sandwich**
w/ deli salad or
chips

**California Club
Sandwich**
w/ deli salad or
chips

**Tuna Spinach
Roll-Up**
w/ deli salad or
chips

Holiday OFF

**Minestrone
Soup**

**Cream of
Mushroom
Soup**

**Beef
Vegetable
Soup**

Holiday OFF

**Iced Chai
Latte**

**Iced
Americano**

**Strawberry
Banana
Smoothie**

Holiday OFF

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Hours: Tues-Thurs
7am-3pm

Friday 7am-2pm

Breakfast

7am-10:30am

Planning your next
catered event

Email:

Cafeteria@

AQMD.gov

(909)396-2019

BREAKFAST
\$8.50

ENTREE
\$10.95

EXHIBITION
\$8.95

GRILL
\$9.95

DELI
\$8.95

**KETTLE
CLASSICS**
SM:\$4.25
LG:\$8.50

**COFFEE
BAR**



BREAKFAST MENU

DAILY BREAKFAST SPECIAL \$ 8.50

SANDWICHES

★★★★★

GOOD MORNING SANDWICH	\$6.00
ENGLISH MUFFIN SANDWICH	\$6.25
BAGEL SANDWICH	\$6.25
CROISSANT SANDWICH	\$6.25

OMELETTES

★★★★★

EGG AND CHEESE OMELETTE	\$5.50
VEGGIE OMELETTE	\$6.25
BACON OR SAUSAGE OMELETTE	\$7.25
DENVER OMELETTE	\$7.25
DELUXE OMELETTE	\$8.25

HEALTHY CHOICE



★★★★★

SUNRISE BREAKFAST WRAP	\$7.25
AVOCADO EGG TOAST	\$7.25
VEGAN AVOCADO TOAST	\$6.25
VEGGIE QUESADILLA	\$6.25
OATMEAL	\$4.00

BREAKFAST FAVORITES

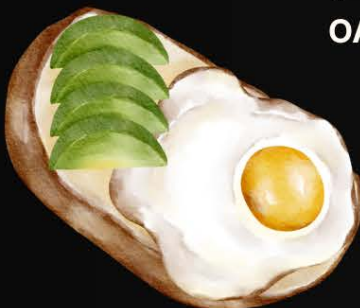
★★★★★

BREAKFAST BURRITO	\$8.25
BREAKFAST QUESADILLA	\$7.25
CHEESE QUESADILLA	\$5.50
EGG, CHEESE & VEGGIE BURRITO	\$6.75
SAVORY BREAKFAST BOWL	\$6.45
BREAKFAST TACOS (3)	\$7.25

SIDES

★★★★★

BACON OR SAUSAGE (2PC)	\$1.75
EGG (ANY STYLE)	\$1.75
EGG WHITE	\$1.95
SAUSAGE PATTY	\$1.75
HASH BROWN	\$2.75
HOME STYLE POTATOES	\$3.00
EXTRA VEGGIES	\$2.00
TOAST (2)	\$2.00
BAGEL	\$2.75
ENGLISH MUFFIN	\$2.00
PLAIN CROISSANT	\$2.75
AVOCADO	\$2.00
CHEESE	\$1.25
CREAM CHEESE	\$1.50



VEGETARIAN OPTION





COFFEE MENU

AMERICANO	\$3.25
CAPPUCCINO	\$4.25
MOCHA/WHITE MOCHA	\$4.95
LATTE	\$4.25
CARAMEL/VANILLA LATTE	\$4.25
CARAMEL MACHIATTO	\$5.25
DOUBLE ESPRESSO SHOT	\$2.25
MOCHA/WHITE MOCHA FRAPPE	\$6.00
CARAMEL FRAPPE	\$6.00
MATCHA FRAPPE	\$5.25
ICED CARAMEL/VANILLA LATTE	\$5.25
ICED MOCHA LATTE	\$5.25
ICED HAZELNUT LATTE	\$5.25
ICED HORCHATA LATTE	\$5.25
ICED CHAI TEA LATTE	\$5.25
ICED BLACK/GREEN TEA	\$3.25



Just
enjoy

SMOOTHIES

MIXED BERRY	\$6.00
MANGO	\$6.00
STRAWBERRY BANANA	\$6.00
PINEAPPLE COCONUT	\$6.00
CHOCOLATE BANANA	\$6.00
APPLE SPINACH	\$6.00

FRESH JUICE

GREEN JUICE	\$6.00
CELERY, SPINACH, APPLE, CUCUMBER, LEMON	
RED JUICE	\$6.00
BEETS, ORANGE, CELERY, CARROT	
ORANGE JUICE ORANGE, CARROT	\$5.00
FRESH ORANGE JUICE	\$3.25

coffee
time



LUNCH PRICES



MAIN ENTREE SPECIAL

\$10.95

Entree Only - \$7.95

Side Dish - \$4.00



SOUP OF THE DAY

16oz- \$4.25

24oz- \$8.25



EXHIBITION SPECIAL

\$8.95



GRAB & GO



Calzone - \$8.95

Hot Dog- \$3.25

Hot Wings - \$5.50

Chicken Tenders- \$5.50

Boxed Salad- \$7.95

Veggie Sticks- \$4.95

Charcuterie Box - \$7.00

Overnight Oats- \$4.25

Yogurt Parfait- \$3.95

EXTRAS

Fruit- \$5.50

Greek Yogurt- \$2.75

Chips- \$2.00

Muffin/Danish/Cake- \$2.50

Cottage Cheese- \$3.95

Jello- \$2.00

Chocolate Pudding - \$2.50

Cup Noodle - \$2.00

LUNCH GRILL

Daily Grill Special \$9.95

HAMBURGERS



HAMBURGER	\$5.65
CHEESEBURGER	\$5.95
BACON CHEESEBURGER	\$6.95
DOUBLE CHEESEBURGER	\$7.25
TURKEY BURGER	\$5.95
GARDEN BURGER 	\$6.75
VEGAN BURGER 	\$8.75

SPECIAL GRILLED SANDWICHES



PHILLY CHEESESTEAK	\$7.75
PASTRAMI	\$7.75
CHICKEN BREAST SANDWICH	\$7.95
PATTY MELT	\$6.45
TURKEY BACON AVOCADO MELT	\$7.00
GRILLED CHEESE MELT 	\$6.50
HAM & CHEESE MELT	\$6.75
TURKEY MELT	\$6.75
CLUB MELT	\$7.95
TUNA MELT	\$6.45




D.F. COCINA (CHICKEN OR STEAK)



MEAT QUESADILLA	\$8.75
MEAT BURRITO	\$8.95
3 TACO PLATE (RICE & BEANS)	\$9.95
TORTA	\$8.95

SIDES



VEGGIE QUESADILLA 	\$6.25
GRILLED CHICKEN BREAST	\$4.95
CHICKEN WRAP	\$7.75
ONION RINGS	\$3.25
FRENCH FRIES	\$3.00
EXTRA CHEESE	\$1.25
EXTRA BACON	\$1.75
AVOCADO	\$2.00
RICE OR BEANS	\$2.50



VEGETARIAN OPTION

DELI MENU

Daily Deli Special \$8.95


SPECIALTY SANDWICHES

Monterrey Sandwich	\$8.25
Ham, turkey, roast beef, avocado & cheese	
The South Coast AQMD Sub	\$7.45
Turkey, bacon & avocado	
California Club	\$7.95
Turkey, ham, bacon & cheese	
California Coast	\$7.45
Tuna salad, bacon, cheese & ranch dressing	
East Coast	\$7.45
Chicken salad, bacon, cheese & ranch dressing	
Deli Wrap	\$7.75
Choice of one deli meat	

TRADITIONAL SANDWICHES

Turkey Breast Sandwich	\$7.25
Ham Sandwich	\$7.25
Roast Beef Sandwich	\$7.25
Chicken Salad Sandwich	\$7.25
Tuna Salad Sandwich	\$7.25
Egg Salad Sandwich 	\$7.00
B.L.T Sandwich	\$6.95
Vegetarian Sandwich 	\$6.45

PANINI SANDWICHES

Italian Pesto	\$7.95
Loaded Turkey	\$7.95
Cheesy Veggie 	\$6.70

EXTRAS

Extra Cheese	\$1.25
Avocado	\$2.00
Extra Deli Meat	\$2.25
Served on Croissant	\$1.50
Side Deli Salad	\$2.75
Pasta salad or Potato salad	



 Vegetarian Option



Smoothies

\$6.00

Strawberry
Banana



\$6.00

Mango



\$6.00

Mixed
Berry



\$6.00

Apple
Spinach



ICE CREAM MENU

\$2.50



\$4.25

