

i belong



**South Coast
Air Quality
Management
District**

Join the Clean Air Congress and help in cleaning the air that we breathe!

There are several ways to sign up:

- Visit our website at www.cleanaircongress.org
- Call 1-800-4-CLN-AIR
- Email us at cleanaircongress@aqmd.gov

Air Quality Quiz

In our region...

1. How many square miles does our region cover
2. How many people live here?
3. How many motor vehicles do we have?
4. How many pounds per day of pollution goes into our air every day?

In our state...

5. How many die each year from diseases caused or aggravated by air pollution?
6. What is the risk of contracting cancer from breathing chemicals in the air over our lifetimes?
7. How does soot in the smoggiest areas affect the risk of fatal heart attack?

Answers
1. Over 10,000; 2. About 17 million; 3. Almost 11 million; 4. Nearly 13,000,000 pounds - PER DAY; 5. An estimated 900; 6. one in every 15,000 people -- about 66 per million; 7. as much as 39% higher

Do you know:

That ultra-fine particle air pollution causes...

- 980,000 Lost Work Days
- 2,400 Hospitalizations
- 140,000 Asthma & Lower Respiratory Symptoms
- 5,000,000 Minor Restricted Activity Days
- 5,400 Premature Deaths

- PER YEAR!



South Coast Air Quality Management District
21865 Copley Drive, Diamond Bar, CA 91765
www.cleanaircongress.org

i breathe



Be informed and involved in the fight against air pollution

Do you want to breathe clean air? Do you want to join the fight against air pollution? If so, then you belong in the Clean Air Congress.

Clean Air Congress

The Clean Air Congress is a service to empower you with information and with opportunities to make your voice heard. Membership is free and open to everyone.

We will keep you informed about:

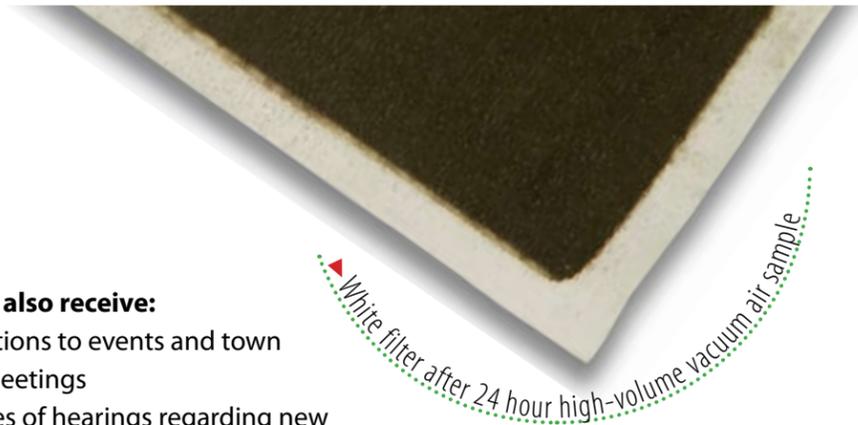
- Air quality
- New technologies like clean-fuel cars
- Health problems caused by air pollution
- Air quality laws and regulations

You will also receive:

- Invitations to events and town hall meetings
- Notices of hearings regarding new legislation
- The Clean Air Congress newsletter, VOICE



Our newest service to our Clean Air Congress members is providing timely emails with the latest news. Even if you don't have email, the newsletter and other occasional mailings will keep you updated on what's happening. If you provide a phone number we can also notify you by phone of the most important news like legislative hearings and local town hall meetings. We will also have news and information at: www.cleanaircongress.org



White filter after 24 hour high-volume vacuum air sample

We're the Air Quality Management District

The Clean Air Congress is sponsored by the South Coast Air Quality Management District, or AQMD. We are your regional government agency responsible for cleaning the air in the South Coast air basin.

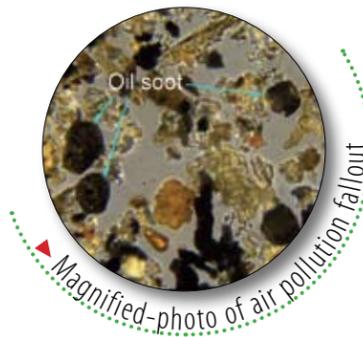
Our region includes all of Orange County and the urban portions of Los Angeles, Riverside, and San Bernardino Counties. Nearly 17 million people live here.



Portable air sampler

Air pollution is a serious health and environmental problem

Since the fight against air pollution began over 50 years ago in Los Angeles, the air in our region has improved dramatically. However, air pollution is still a serious health risk. Air pollution causes or contributes to everything from burning, watery eyes and fatigue, to asthma and other respiratory diseases, lung damage, cancer, birth defects, and premature death.



Magnified-photo of air pollution fallout

Air pollution is also one of the major factors contributing to global warming. Global warming is widely recognized by many scientists as a threat to the world's climate and ecosystems.

Air quality in our region continues to improve but is still among the worst in the nation. Our air here is unhealthy one out of three days. We still have a long way to go to clean the air, but by working together we can do it.



Electric mowers are green and clean

What you can do to help clean the air

- Be informed about air pollution and related health issues



- Participate in town hall meetings and legislative hearings
- Contact your elected officials and voice your concerns about air quality
- Do your part to avoid pollution at home and on the road—from switching to energy-saving fluorescent light bulbs to choosing a clean-fuel vehicle. Call us or look on our website for more information on what you can do.



Test your clean air knowledge on back page