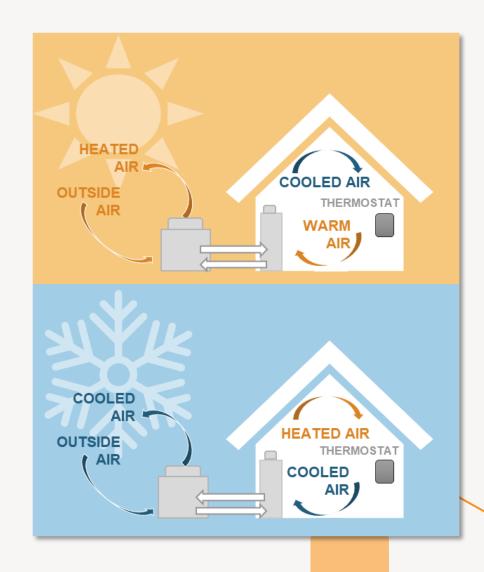
What are Heat Pumps?

South Coast AQMD GO ZERO Pilot Incentive Program June 2025



## What is a Heat Pump?

- Heat pumps work like an air conditioner or refrigerator in reverse: moving heat from the outside to the inside of the home
- Most heat pumps draw heat from the air, but others can use ground or water
- Heat pump systems can also provide:
  - Air conditioning (AC)
  - Hot water



## **Heat Pumps for Space Heating and Cooling**



### **Ducted Heat Pump Systems**

- Produce hot or cold air which is distributed through the home via ducts
- For homes that already have central AC and furnace
  - Replace both AC and furnace
  - Easy "drop-in" installation
  - Lower cost than installing separate furnace and AC per E3 study\*



### **Ductless Mini- or Multi- Split Units**

- Has indoor units in each room rather than air ducts
- Single outside unit can serve multiple indoor units
- For homes without AC: cheaper to install than ducted systems
- Efficient to operate, can set different rooms to different temperatures





#### **Window Heat Pumps**



- Can be plugged into a standard electrical outlet, no panel upgrade required
- Rests on windowsill, simple installation
- Cheaper for room heating and cooling than mini-split

## **Heat Pumps for Water Heating**

#### **Heat Pump Water Heaters**



- Similar to space heating heat pumps, but use heat pump to heat water in a holding tank
  - Three to five times more efficient than electric resistance and gas water heaters
  - Often have back-up electric resistance element
  - Many models are similar size as traditional gas water heaters
  - 240-Volt and 120-Volt standard outlet

#### **120-Volt Plug-in Water Heaters**



- Newer heat pump water heaters available that can be plugged into a standard 120-Volt outlet
  - Requires minimal electrical work
- Similar size and shape of gas tank water heater, though slightly larger than comparable gas heater
- Similar performance to 240-Volt units but with lower energy efficiency and without electric resistance back-up
- Suitable for:
  - Warmer climates
  - Replacing gas unit without panel upgrade

## **Frequently Asked Questions**

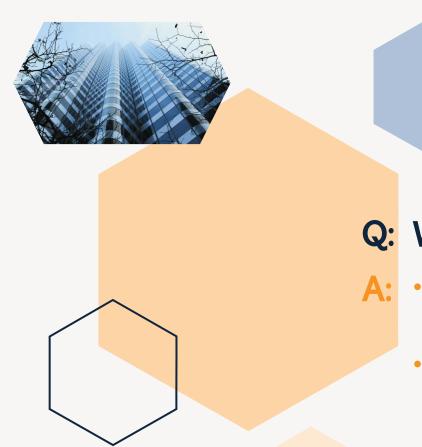




#### Q: Are Heat Pumps New Technology?

- No, heat pumps have been around for a long time and are commercially available
  - Technology first developed in mid-1850, commercialized in the 1960s
- Monthly shipment reports indicate that more heat pumps have been sold in the U.S. for space heating than gas furnaces since 2021
- Heat pumps have even higher adoption rates in Asian countries than in North America
  - 90 percent of households in Japan have heat pumps for heating and cooling





#### Q: Will a Heat Pump Work When it is Cold Outside?

- Cold climate heat pumps can pull heat from the air even at sub-zero temperatures
- Heat pump technologies have been adopted in many cold climate regions such as Maine, Vermont, Alaska, and within our own mountain communities such as Lake Arrowhead and Big Bear
- According to the International Energy Agency, 60 percent of Norway's buildings are fitted with a heat pump



# Q: Will I need to Upgrade my Electrical Panel to Operate a Heat Pump?

- A: If your home or business already has a central air conditioner, a panel upgrade or upsizing will not likely be needed
  - Some technologies that are less likely to require a panel upgrade include:
    - 120-Volt plug-in heat pump water heaters
    - Portable heat pumps for space heating/cooling
    - Multi-functional heat pumps for water heating and space heating/cooling



#### Q: Will my Heat Pump Operate when the Power is Out?

A:

- No, but neither will your modern gas space and water heaters
- Blowers and electronic components in many modern appliances prevent their operation when the power is out
- Battery backups and solar panels pair well with heat pumps



#### Q: Are Heat Pumps Costly to Run?

- Over time, consumers are expected to save money on operating costs when switching to heat pumps
- Running a heat pump results in operational cost savings over the lifetime of the appliance
- Heat pumps have high COPs (Coefficient of Performance, ratio of energy produced to energy used for heat pumps) meaning they are generally over 3 to 5 times more efficient than gas appliances
- Electric resistance furnaces are not as efficient as heat pumps since they convert electricity to heat in a nearly one-to-one ratio

