

# CHECK BEFORE YOU BURN SEASON CONTINUES THROUGH FEBRUARY

From November through February, residents are required to refrain from indoor and outdoor wood burning on days when poor air quality is forecast, as part of their "Check Before You Burn" campaign.

During the winter season, stagnant weather and smog can cause elevated levels of air pollution. Particulate matter, such as that found in wood smoke from fireplaces, exacerbates these conditions. Elevated particulate pollution can worsen respiratory conditions and heighten the likelihood of asthma attacks and other cardiovascular or respiratory problems.

South Coast AQMD issues "No-burn Alerts" when unhealthy air quality is predicted, restricting residential wood-burning in fireplaces, backyard fire pits, and wood stoves for 24 hours.

# There are multiple ways to Check Before You Burn:

- Sign up at <u>www.AirAlerts.org</u> to receive air quality forecasts and to be notified when a No-burn alert has been issued.
- Visit the Check Before You Burn website at: www.aqmd.gov/cbyb
- Call 866-966-3293 for daily Check Before You Burn information.
- Download the South Coast AQMD app to check local air quality and receive notifications when Noburn Days are called.
- Follow South Coast AQMD on Facebook, X (formerly known as Twitter), and Instagram.

To learn more about the program, visit <a href="https://www.aqmd.gov/cbyb">www.aqmd.gov/cbyb</a>. To file a residential complaint, call 1-800-CUT-SMOG.

# NEW YEAR'S RESOLUTIONS FOR A CLEANER, GREENER 2024!

The new year is here, so it's time to set and commit to New Year's Resolutions! South Coast AQMD encourages you to add a few simple ways you can help reduce air pollution to your resolutions.



## **Avoid Burning Wood in Your Home**

Wood burning contributes to particulate air pollution and can aggravate respiratory conditions. Improve your health and reduce PM2.5 emissions by switching to more eco-friendly methods of heating your home such as a gas fireplace or stove.



### **Take Public Transportation and Rideshare**

More people on the buses and trains means fewer cars on the road. Coordinate with coworkers or fellow parents of school-age children to arrange carpools. If taking an Uber or Lyft, opt for a rideshare trip instead of traveling alone!



### **Shop smart**

Buy locally grown produce and locally made products whenever possible. When ordering items online, consolidate packages to reduce shipping materials and transportation emissions.



### Recycle, Reduce, Reuse!

Be mindful of household waste and help keep unnecessary excess out of landfills. Recycling and reusing materials instead of disposing of them results in improved air quality by reducing the greenhouse gases emitted by landfills and sanitation vehicles.



### Walk or Ride a Bike to Get Things Done

Increase physical activity while reducing carbon emissions. Incorporate a daily stroll or bike trip in completing quick errands such as mailing a letter or picking up prescriptions.



### **Upgrade Your Home with Green Energy**

Planning on making home improvements this year? Take the opportunity to install solar panels, request green power from your utility, or join a community choice aggregator.



# Switch to a More Efficient Vehicle

Automakers are continuing to release new electric, zero, and near-zero emission vehicles for all types of budgets. You could be eligible to receive up to \$12,000 with South Coast AQMD's Replace Your Ride Program. More information is available at <a href="https://www.replaceyourride.com">www.replaceyourride.com</a>.